



BEHAVIORAL HEALTH COUNSELING SERVICES

Zeiders behavioral health counseling services encompasses a wide array of psycho-educational programs and short-term counseling designed to address contemporary life stressors. We currently deliver these mission essential services to over 2.25 million military and family members through in-person contact and internet-based service delivery at over 60 military delivery sites worldwide. Zeiders is certified by The Joint Commission as a Health Care Staffing Services (HCSS) company. This certification demonstrates our ability to provide quality, industry-leading behavioral health services.

HOW WE DELIVER

Zeiders provides short term non-medical counseling services on-site as well as e-counseling services. We deliver supportive and caring individual and group counseling and educational services that make a difference.

- Our providers deliver more than 750 counseling sessions each day across the globe to military service members and their families.
- We employ a quality care management review process that ensures appropriate service and outcomes.
- We comprehend and fully comply with the background investigation and credentialing requirements for professional providers for each Military Service.

Zeiders Makes a Difference...

The Challenge: Military lifestyle is very challenging. It places many demands on families with unique stressors for couples. The Navy required help for couples trying to maintain strong relationships through periods of extended deployments.

The Solution: Zeiders helped the Navy's Fleet and Family Support Program address this challenge with the design and implementation of a Couples Workshop. The Workshop, delivered by our behavioral health providers at various locations in Hampton Roads, Virginia, provided tools to enhance healthy relationships and educate military couples how to successfully nurture intimate relationships and enable more effective functioning at home. These techniques and skills encourage service member readiness for duty and build lifelong family resiliency. The Workshop has been successful in addressing post-deployment relationship stress and identification of risk factors due to combat stress.

OUR EXPERTISE

Our behavioral health providers have subject matter expertise in:

- Individual Counseling
- Marriage and Family Counseling
- New Parent Support Counseling
- Child Counseling
- Victim Advocacy
- Domestic Violence Prevention/Intervention
- Sexual Assault Victim Prevention/Intervention





Our providers include Licensed Marriage and Family Therapists (LMFTs), Licensed Clinical Social Workers (LCSWs), Licensed Professional Counselors (LPCs), and Licensed Clinical Psychologists (LCPs). Our versatile professional staff is skilled in a full range of counseling modalities, interventions and educational strategies.

Zeiders' providers use a comprehensive assessment and treatment planning approach to increase resiliency and productivity in clients' professional and personal lives.

Zeiders has deep and broad experience in researching, developing, writing and producing behavioral health training and resource materials, including the U.S. Navy's Fleet and Family Support Program and the Marine Corps' Community Services desk guides that set forth program procedures for the delivery of non-medical counseling services throughout the world.

Our internet-based training and development capabilities are approved by the Association of Social Work Boards and the California Board of Behavioral Sciences to grant Continuing Education Credits assisting licensed clinical providers in maintaining their professional licensure standards.

OUR CLIENTS

Over the past 27 years, Zeiders is proud to have supported a variety of clients. Currently, we support the U.S. Navy, U.S. Army, and U.S. Marine Corps. We are pleased to have developed and produced these professional services projects for our Military Services clients:

- U.S. Navy's New Parent Support Home Visitation Program Desk Guide
- U.S. Marine Corps Victim Advocate Curriculum Guide
- U.S. Marine Corps Sexual Assault Response Coordinator Training Guide



CONTACT US

To discuss how Zeiders can help your organization achieve its mission and enhance individual and organizational effectiveness, please contact us:

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